

## MENTAL HEALTH SERVICES

Should you want to find information about mental health services, please go to the link below or telephone the listed contact organisations via telephone.

<https://www.ruok.org.au/findhelp>

Below is a list of rural, online or phone services that you can use.

## COUNTRY MENTAL HEALTH SERVICES

### **Bunbury Mental Health Service**

South West Health Campus, Robertson Drive, Bunbury WA 6230 Tel: 08 9722 1300

### **Bunbury Strickland Street Office Mental Health Service**

(Formerly Bunbury Stepping Stones Rehabilitation Centre)  
27 Strickland Street, Bunbury WA 6230 Tel: 08 9791 4729

### **Carnarvon Mental Health Service**

5 Stuart Street, Carnarvon WA 6701 Tel: 9941 6600

### **Central West Mental Health Service**

Shenton Street, Geraldton WA 6530 Tel: 9956 1999

### **Esperance Community Mental Health Service**

(Formerly Esperance Mental Health Unit)  
Forrest Street, Esperance WA 6450 Tel: 08 9071 0444

### **Great Southern Mental Health Services Albany**

Hardie Road, Spencer Park, Albany WA 6330 Tel: 08 9892 2440

### **Kimberley Mental Health and Drug Service**

cnr Anne & Robinson Streets, Broome WA 6725 Tel: (08) 9194 2640

### **Kimberley Mental Health and Drug Service: Derby**

(Formerly Derby Mental Health Unit)  
Rugal Baru, Cnr Clarendon & Neville Streets, Derby WA 6728 Tel: 08 9193 3605

### **Kimberley Mental Health and Drug Service: Kununurra**

(Formerly Kununurra Mental Health Unit)  
96 Coolibah Drive, Kununurra WA 6743 Tel: 9166 4350

### **Midwest Community Drug Service Team**

Community Health Building, 51-85 Shenton Street, Geraldton WA 6530 Tel: 9956 2424

### **Pilbara Mental Health and Drug Service**

Colebatch Way, South Hedland WA 6722 Tel: 08 9174 1240

### **Pilbara Mental Health and Drug Service: Hedland Health Campus**

(Formerly Port Hedland Mental Health Unit)  
Colebatch Way, South Hedland WA 6722 Tel: (08) 9174 1240

**Pilbara Mental Health and Drug Service: Karratha**

(Formerly Karratha Mental Health Unit)

Nickol Bay Hospital, Millstream Road, Karratha WA 6714 Tel: +61 8 9143 2346

**South West Mental Health Service - Margaret River**

3/18, Fearn Avenue, Margaret River WA 6285 Tel: 08 9757 3547

TELEPHONE HELP LINES

**Mental Health Emergency Response Line**

(Formerly Psychiatric Emergency Team)

Perth WA 6000 Tel: 08 9224 8888

**RuralLink**

Tel: 1800 552 002

**Lifeline**

Tel: 13 11 14

**Suicide Call Back Service**

Tel: 1300 659 467

**Kids Helpline**

Tel: 1800 551 800

**Griefline**

Tel: 1300 845 745

**Beyond Blue**

Tel: 1300 224 636

**Mens Line Australia**

Tel: 1300 789 978

**1800RESPECT**

Tel: 1800 737 7328

**Support After Suicide**

Tel: 03 9421 7640

**QLife**

Tel: 1800 184 527

**ASCA**

Tel: 1300 657 380

**Headspace**

Tel: 1800 650 890

**Black Dog Institute**

Tel: (02) 9382 4530

**Sane Australia**

Tel: 1800 187 263

**Australian Psychological Society**

1800 333 497

**MHMA (multicultural mental health association)**

Tel: 1300 136 289